



# PSYCHOSIS: CURRENT THERAPEUTIC UNDERSTANDINGS AND APPROACHES

Despite medication advances, experiences of psychosis continue to be disturbing and disabling for many. Once considered unknowable and untreatable, the development of Cognitive Behavioral Therapy for Psychosis (CBTp) offers an effective option to support recovery. Pioneered in the 1990s, CBTp now has a large body of research demonstrating a safe and lasting psycho-social intervention, both with and without complementary medication use. Trained in CBTp by a founding developer, Dr. Turkington, Logan McColl brings its insights and those of other approaches to this telehealth session.

**Learning Outcomes:** Logan McColl is an Occupational Therapist specializing in psycho-social rehabilitation for serious mental illness and other concerns. Logan will be joining on March 5 to discuss the experience, understanding, and treatment of psychosis.

**Speaker Information:** Logan McColl MSc, Occupational Therapist, McColl Therapy, Owner

Logan's practice offers a personalized, comprehensive approach through Occupational Therapy and evidence-based psychotherapies to empower individuals in living their meaningful lives, and to empower families in caring for loved ones.

March 5, 2019

10:00 – 11:00

Live stream and audio lines will be made available for those who cannot attend via videoconference

The First Nations Telehealth Network would like to thank the Schizophrenia Society of Alberta, Edmonton Zone for their collaboration in creating this videoconference session. For more information on the SSA visit

[www.schizophrenia.ab.ca](http://www.schizophrenia.ab.ca)

To register for this session please visit

[www.fntn.ca](http://www.fntn.ca)

First Nations Telehealth Network

1-888-999-3356

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